



# Arctic Blast

John Rose Minnesota Oval  
Roseville, Minnesota USA



## Event 11: Ladies 3000 Meters - Results by Pair

Pair	IO	Skater Name	NAT				Time	Rank
1	I	33 Gall, Brooke	GMSA				5:48.64	7
24.70		1:06.57(41.9) 1:51.34(44.8) 2:38.24(46.9)	3:25.35(47.1)	4:13.17(47.8)	5:02.25(49.1)	5:48.64(46.4)		
1	O	84 Cox, Kaari	GMSA				5:24.40	- DQ
24.11		1:04.16(40.1) 1:45.79(41.6) 2:28.55(42.8)	3:11.78(43.2)	3:56.03(44.3)	4:40.36(44.3)	5:24.40(44.0)		
2	I	34 Guyette, Amanda	GMSA				6:15.26	9
25.19		1:09.60(44.4) 1:55.56(46.0) 2:43.90(48.3)	3:34.90(51.0)	4:27.44(52.5)	5:22.03(54.6)	6:15.26(53.2)		
2	O	56 Ristau, Natalie	GMSA				5:26.12	4
23.29		1:01.87(38.6) 1:42.29(40.4) 2:24.51(42.2)	3:08.56(44.1)	3:54.19(45.6)	4:40.51(46.3)	5:26.12(45.6)		
3	I	129 Allard, Nicole	GMSA				5:23.16	3
24.08		1:04.16(40.1) 1:45.67(41.5) 2:28.11(42.4)	3:11.29(43.2)	3:55.04(43.8)	4:39.79(44.8)	5:23.16(43.4)		
3	O	140 Ronchak, Alex	GMSA				6:09.44	8
25.84		1:08.27(42.4) 1:53.99(45.7) 2:42.70(48.7)	3:33.27(50.6)	4:25.85(52.6)	5:17.95(52.1)	6:09.44(51.5)		
4	I	54 Dyrud, Rebekah	GMSA				4:57.28	1
22.29		59.01(36.7) 1:37.26(38.3) 2:17.49(40.2)	2:56.78(39.3)	3:36.80(40.0)	4:17.19(40.4)	4:57.28(40.1)		
4	O	22 DeHaan, Hayley	GMSA				5:30.54	5
24.69		1:06.53(41.8) 1:50.59(44.1) 2:35.73(45.1)	3:19.79(44.1)	4:03.06(43.3)	4:46.56(43.5)	5:30.54(44.0)		
5	I	57 Ristau, Sophie	GMSA				5:44.15	6
24.24		1:05.12(40.9) 1:49.22(44.1) 2:34.08(44.9)	3:20.26(46.2)	4:08.33(48.1)	4:56.32(48.0)	5:44.15(47.8)		
5	O	24 Foss, Megan	GMSA				5:06.86	2
23.09		1:00.02(36.9) 1:38.89(38.9) 2:19.26(40.4)	2:59.39(40.1)	3:40.76(41.4)	4:23.36(42.6)	5:06.86(43.5)		

## Event 12: Men Jr. C 3000 Meters - Results by Pair

Pair	IO	Skater Name	NAT				Time	Rank
1	I	43 Markhart, Ben	GMSA				5:06.44	3
22.20		1:00.85(38.7) 1:40.70(39.9) 2:20.45(39.8)	3:00.91(40.5)	3:43.02(42.1)	4:25.53(42.5)	5:06.44(40.9)		
1	O	42 Markhart, Bryan	GMSA				-	DNS
2	I	76 Tonkinson, Nathan	GMSA				4:53.49	2
21.64		58.11(36.5) 1:36.80(38.7) 2:15.92(39.1)	2:54.72(38.8)	3:34.36(39.6)	4:13.38(39.0)	4:53.49(40.1)		
2	O	7 Dyrud, Paul	GMSA				4:13.35	1
19.64		52.06(32.4) 1:25.42(33.4) 1:59.25(33.8)	2:32.42(33.2)	3:05.72(33.3)	3:39.41(33.7)	4:13.35(33.9)		

## Event 13: Men Jr. A,B 5000 Meters - Results by Pair

Pair	IO	Skater Name	NAT				Time	Rank
1	I	45 Ducker, Erik	GMSA				8:47.17	3
24.00		1:06.36(42.4) 1:48.96(42.6) 2:30.65(41.7)	3:13.41(42.8)	3:56.73(43.3)	4:40.00(43.3)	5:22.63(42.6)		
		6:04.90(42.3) 6:46.62(41.7) 7:28.02(41.4)	8:07.98(40.0)	8:47.17(39.2)				
1	O	40 Blumel, Mac	GMSA				8:42.27	2
22.26		1:03.44(41.2) 1:46.78(43.3) 2:28.96(42.2)	3:10.46(41.5)	3:52.02(41.6)	4:34.10(42.1)	5:15.71(41.6)		
		5:57.74(42.0) 6:39.93(42.2) 7:22.93(43.0)	8:03.79(40.9)	8:42.27(38.5)				
2	I	21 DeHaan, Nick	GMSA				8:59.68	5
22.89		1:02.90(40.0) 1:44.19(41.3) 2:27.53(43.3)	3:10.68(43.2)	3:54.33(43.7)	4:37.94(43.6)	5:22.05(44.1)		
		6:06.80(44.8) 6:50.49(43.7) 7:35.32(44.8)	8:19.98(44.7)	8:59.68(39.7)				
2	O	41 Chlebeczek, Aron	GMSA				8:56.53	4
23.06		1:03.49(40.4) 1:45.55(42.1) 2:28.51(43.0)	3:11.68(43.2)	3:56.20(44.5)	4:39.23(43.0)	5:21.93(42.7)		
		6:05.23(43.3) 6:48.75(43.5) 7:31.77(43.0)	8:14.54(42.8)	8:56.53(42.0)				
3	I	26 Ducker, Laurence	GMSA				7:34.17	1
20.68		55.90(35.2) 1:32.06(36.2) 2:07.87(35.8)	2:43.75(35.9)	3:19.87(36.1)	3:56.64(36.8)	4:32.86(36.2)		
		5:09.32(36.5) 5:45.69(36.4) 6:21.92(36.2)	6:58.00(36.1)	7:34.17(36.2)				
3	O	2 Mouse, Mickey	GMSA				-	-