



2009 U.S. Junior Long Track  
Speedskating Championships  
January 24, 2009



John Rose Minnesota Oval  
Roseville, Minnesota USA

Event 5: Mens 3000 Meters - Results by Pair

Pair	IO	Skater Name	NAT			Time	Rank
1	I	16 Barrett, Colton				4:32.77	8
19.56		51.64(32.1) 1:23.96(32.3)	1:57.80(33.8)	2:32.63(34.8)	3:07.93(35.3)	3:44.08(36.2)	4:32.77(48.7)
1	O	193 Kuck, Jonathan				4:07.72	1
19.73		50.27(30.5) 1:22.08(31.8)	1:54.64(32.6)	2:27.86(33.2)	3:00.54(32.7)	3:33.68(33.1)	4:07.72(34.0)
2	I	26 Ducker, Laurence				4:13.84	3
19.94		53.21(33.3) 1:26.32(33.1)	1:59.63(33.3)	2:33.72(34.1)	3:06.58(32.9)	3:39.78(33.2)	4:13.84(34.1)
2	O	163 Hansen, Brian				4:08.35	2
20.50		52.12(31.6) 1:24.34(32.2)	1:57.39(33.1)	2:30.84(33.5)	3:03.22(32.4)	3:35.81(32.6)	4:08.35(32.5)
4	I	164 Nahrwold, Paul				4:27.47	5
20.75		54.81(34.1) 1:28.53(33.7)	2:03.27(34.7)	2:38.46(35.2)	3:14.24(35.8)	3:50.51(36.3)	4:27.47(37.0)
4	O	190 Ochowicz, Alex				4:25.18	4
20.71		55.46(34.8) 1:29.30(33.8)	2:03.04(33.7)	2:37.74(34.7)	3:12.80(35.1)	3:48.33(35.5)	4:25.18(36.9)
5	I	196 Hoder, Andrew				4:45.24	12
21.46		55.79(34.3) 1:32.28(36.5)	2:09.56(37.3)	2:47.16(37.6)	3:26.06(38.9)	4:05.58(39.5)	4:45.24(39.7)
5	O	239 Astalos, Andrew				4:58.84	15
22.04		57.26(35.2) 1:35.55(38.3)	2:14.93(39.4)	2:54.58(39.7)	3:34.82(40.2)	4:16.26(41.4)	4:58.84(42.6)
6	I	188 Slivocka, Connor				4:31.14	6
20.38		54.39(34.0) 1:28.91(34.5)	2:04.84(35.9)	2:41.68(36.8)	3:18.68(37.0)	3:55.61(36.9)	4:31.14(35.5)
6	O	25 Stangl, Charlie				4:31.81	7
20.50		54.16(33.7) 1:29.29(35.1)	2:04.40(35.1)	2:41.11(36.7)	3:17.96(36.9)	3:54.59(36.6)	4:31.81(37.2)
7	I	45 Ducker, Erik				4:41.42	10
20.26		55.17(34.9) 1:29.92(34.8)	2:06.81(36.9)	2:44.62(37.8)	3:23.68(39.1)	4:02.15(38.5)	4:41.42(39.3)
7	O	76 Tonkinson, Nathan				4:39.07	9
21.25		55.83(34.6) 1:30.75(34.9)	2:07.22(36.5)	2:44.53(37.3)	3:22.77(38.2)	4:01.02(38.3)	4:39.07(38.1)
8	I	220 Backstrom, Matthew				5:17.39	22
23.03		1:00.21(37.2) 1:40.14(39.9)	2:22.27(42.1)	3:06.01(43.7)	3:49.59(43.6)	4:33.53(43.9)	5:17.39(43.9)
8	O	237 Janaky, Lukas				5:15.24	21
21.87		57.91(36.0) 1:37.72(39.8)	2:19.65(41.9)	3:03.73(44.1)	3:47.24(43.5)	4:31.32(44.1)	5:15.24(43.9)
9	I	228 Tweddale, Luke				5:06.21	18
21.81		58.32(36.5) 1:37.61(39.3)	2:19.07(41.5)	3:01.40(42.3)	3:43.40(42.0)	4:25.19(41.8)	5:06.21(41.0)
9	O	40 Blumel, Mac				4:41.76	11
20.46		56.24(35.8) 1:34.23(38.0)	2:12.60(38.4)	2:50.42(37.8)	3:28.22(37.8)	4:05.21(37.0)	4:41.76(36.6)
10	I	243 Felber, Blake				4:56.39	14
21.66		56.36(34.7) 1:32.91(36.6)	2:12.26(39.4)	2:52.81(40.6)	3:34.28(41.5)	4:15.28(41.0)	4:56.39(41.1)
10	O	227 Ortiz, Alexander				5:31.44	25
22.96		1:00.28(37.3) 1:40.55(40.3)	2:23.39(42.8)	3:08.09(44.7)	3:55.05(47.0)	4:43.74(48.7)	5:31.44(47.7)
11	I	41 Chlebeczek, Aron				4:53.46	13
20.87		55.51(34.6) 1:32.39(36.9)	2:11.40(39.0)	2:51.15(39.8)	3:31.44(40.3)	4:12.33(40.9)	4:53.46(41.1)
11	O	182 Hartman, Steven				5:13.86	20
22.44		59.20(36.8) 1:39.18(40.0)	2:21.81(42.6)	3:04.40(42.6)	3:48.73(44.3)	4:31.81(43.1)	5:13.86(42.1)
12	I	194 Reeves, Sheldon				5:07.71	19
23.46		1:01.24(37.8) 1:39.67(38.4)	2:19.93(40.3)	3:01.77(41.8)	3:43.76(42.0)	4:26.20(42.4)	5:07.71(41.5)
12	O	229 Windman, Chris				5:21.12	23
23.29		1:02.15(38.9) 1:43.19(41.0)	2:25.36(42.2)	3:07.47(42.1)	3:50.70(43.2)	4:36.02(45.3)	5:21.12(45.1)
13	I	185 Theisen, Connor				5:06.00	17
21.78		1:00.05(38.3) 1:40.81(40.8)	2:22.27(41.5)	3:03.54(41.3)	3:44.83(41.3)	4:26.00(41.2)	5:06.00(40.0)
13	O	202 Beyer, Evan				5:48.71	27
23.36		1:03.45(40.1) 1:47.81(44.4)	2:34.11(46.3)	3:21.92(47.8)	4:11.36(49.4)	5:00.90(49.5)	5:48.71(47.8)
14	I	137 Ronchak, Kyle				5:31.29	24
22.46		1:01.14(38.7) 1:43.77(42.6)	2:28.84(45.1)	3:13.59(44.8)	3:58.92(45.3)	4:44.99(46.1)	5:31.29(46.3)
14	O	153 Turner, Andrew				5:42.35	26
23.34		1:03.73(40.4) 1:48.73(45.0)	2:34.86(46.1)	3:21.67(46.8)	4:07.82(46.2)	4:55.21(47.4)	5:42.35(47.1)



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<b>15</b>	<b>I</b>	<b>214</b>	<b>Kennedy, Conor</b>				<b>6:00.34</b>	<b>28</b>
24.45		1:08.90(44.5)	1:55.44(46.5)	2:43.90(48.5)	3:31.96(48.1)	4:20.91(49.0)	5:10.94(50.0)	6:00.34(49.4)
<b>15</b>	<b>O</b>	<b>241</b>	<b>Rittenhouse, Matthew</b>				<b>4:59.15</b>	<b>16</b>
22.15		1:00.94(38.8)	1:40.74(39.8)	2:20.83(40.1)	3:00.55(39.7)	3:40.71(40.2)	4:20.33(39.6)	4:59.15(38.8)

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