

5 Time Olympian
AMY
PETERSON-PECK
SHORT TRACK
SPEEDSKATING
CLINIC

July 11-13, 2008

Schwann's Super rink
Blaine, Minnesota

REGISTRATION FORM

NAME _____

BIRTHDATE _____ male/female
(circle)

ADDRESS _____

CITY _____ STATE ____ ZIP ____

PHONE _____

EMAIL _____

CLUB _____

EMERGENCY CONTACT _____
PHONE _____

Age Category:

- ___ 5 and under
- ___ 6-9
- ___ 10-14
- ___ 15-18
- ___ Adult

Skill Level:

- ___ Beginner
- ___ Intermediate
- ___ Advance
- ___ Adv. Short Trk

Waiver:

A waiver must be signed by each participant before being permitted to take part in any training.

This camp is designed to improve the skills and training methods of skaters of all ages and abilities. The athlete with little experience can join in the thrill of short track and the accomplished speedskater can sharpen their skills in both short track and long track. Athletes will be divided into groups based on ages and abilities. This camp will be led by Amy Peterson-Peck with help of other Level 1 and Level 2 Certified US Speedskating Coaches.

Amy Peterson

- 5 Time Olympian
- 3 Time Olympic Medallist
- 2002 US Olympic Team Flag Bearer
- 9 Time US National Champion

Camp will include:

- 4 Ice Sessions
- Off Ice Cross-training Sessions
- Lectures
- Equipment Care and Skate Sharpening

All workouts and lectures will be held at the Blaine Complex.

Registration Fee: \$85

Family Cap \$170.00

Registration is on Friday July 11th, from 4:30-5:15

Training begins Friday night at 5:30

Lunch on Saturday is included in fee.

We will be finished on Sunday around 1 pm.

Items to bring:

- Skates
- Comfortable clothes – long sleeves, sweats, and shorts
- Helmet
- Gloves
- Running shoes

Please bring a list of any current medications, allergies, home physician information, and insurance cards/ policy numbers

The Schwann's Super Rink is located at 1700 105th Ave, 10 miles NE of Mpls just off of county 10 and Hwy 65

Hotel information:

www.ci.blaine.mn.us/visiting/lodging/

For more information please contact

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