



# Adult Speedskating Lessons



This class is a great introduction or continued learning on the lifelong activity of speed skating. This session will give beginners and advanced beginners instruction featuring basic drills to increase comfort and efficiency. Long blade skates are required and use of “in house” rental long blades is included in the class fee (first come, first served on sizes). A limited number of premium skates will be available to rent for an additional \$15.00 fee, (you are not guaranteed the rental of these premium long

*Class space is  
limited!*

*To register  
call Kevin at  
651-792-7122*

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Wednesdays Nights 5:00pm-6:30pm  
Cost: \$15.00 Age 18 and older  
15 & older if accompanied by an adult  
participant



**Call Kevin to Register at 651-792-7122**  
(8:00am-4:30pm Mon-Fri)